

Zen Confidential Confessions Of A Wayward Monk Shozan Jack Haubner

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"This punk of a monk, who should be tending to his own affairs, has decided to infect the real world with his tall tales, and worse, to let the cat out of the bag.

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Amazon.com: Customer reviews: Zen Confidential ...

His title is not a deception--he is writing "confessions". The contents include (in my rendition) the Zen of family relationships, the Zen of interpersonal conflict in a monastery, and the Zen of constipation. It was not clear until the end where the story was going, and in the end it is about the incomplete life and Zen practice of Jack Haubner.

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Zen Confidential has a virtue rare in spiritual books--it includes the whole of life. The only way out is through, and Jack Haubner takes it with gusto and style. Here we have sex, bathroom customs of the monastery, politics, suicide, drugs, meanness, marriage, standup comedy, Las Vegas, koans, and a 105-year-old Zen master.

Zen Confidential - Shambhala

Zen Confidential: Confessions of a Wayward Monk (Unabridged) on Apple Books These hilarious essays on life inside and outside a Zen monastery make up the spiritual memoir of Shozan Jack Haubner, a Zen monk who didn't really start out to be one.

Zen Confidential: Confessions of a Wayward Monk ...

Praise For Zen Confidential: Confessions of a Wayward Monk... "The author's search to 'grow into a true human being' is described with startling metaphors, acute insights, and humor. . . . Haubner's unorthodox take on the spiritual search, marked by moments of grace, and his strength as an essayist will win over a specific audience willing to accept his dare."--

Zen Confidential: Confessions of a Wayward Monk ...

Zen Confidential : Confessions of a Wayward Monk by Shozan Jack Haubner (2013, Trade Paperback) The lowest-priced brand-new, unused, unopened, undamaged item in its original packaging (where packaging is applicable).

Zen Confidential : Confessions of a Wayward Monk by Shozan ...

Zen Confidential: Confessions of a Wayward Monk Shozan Jack Haubner Shambhala Publications (May 14, 2013) Softcover \$14.95 (269pp) 978-1-61180-033-3 Memoir of Zen Buddhist debunks myth of the monk as a person who has sacrificed a "juicy" life, with dark humor and an exploration of anger and deviance.

Zen Confidential: Confessions of a Wayward Monk

Zen Confidential: Confessions of a Wayward Monk (Unabridged) ... These hilarious essays on life inside and outside a Zen monastery make up the spiritual memoir of Shozan Jack Haubner, a Zen monk who didn't really start out to be one. Raised in a conservative Catholic family, Shozan went on to study philosophy (becoming de-Catholicized in the ...

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Zen Confidential on Apple Books

Shozan Jack Haubner is the pen name of a Zen monk who has written two books and a number of essays for The Sun, Tricycle, Buddhadharma, Lion's Roar and the New York Times, and the Best Buddhist Writing series. He won the Pushcart Prize in 2012. Haubner's books, portions of which have been excerpted in essays, present partially fictionalized accounts of life with Kyozan Joshu Sasaki [citation ...

Shozan Jack Haubner - Wikipedia

Zen Confidential is out to debunk “the popular stereotype of the monk as someone who undergoes a spiritual lobotomy” and finds contentment at the expense of an interesting and “juicy” life. Haubner’s route to Buddhism demonstrates the validity of that idea.

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